

Recreation Programming Report – October 2019

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YOUTH

Flag Football – The flag football program concluded on Thursday, October 10. A total of 180 youth participated. The program was held on Tuesday and Thursday evenings under the lights, in the outfields of the Sechler Park baseball fields. Participants spent time each evening running drills, learning plays, and playing games. The youth were coached by St. Olaf, Carleton, and Northfield High School football players. We received more positive feedback regarding the program this year than any in the past 5 – 10 years. Thank you to city staff for prepping and maintaining the fields for the program.

NEW Gymnastics Program – Community Services launched Everest Gymnastics Academy, a new Community Services run program for youth. We had an overwhelming response, enrolling 97 children! The program rents space from City Light Church in Northfield. Sessions last eight weeks in length (on Fridays and Saturdays), and range from \$59 - \$69 in price. Everest Gymnastics Academy plans to offer a winter/spring session.

Track & Field Sampler – The program ran four weeks in length on Saturday mornings at the middle school track. Coaches had the participants trying out all aspects of a track and field program, and incorporated character lessons into their practices. The program concluded with a mini track meet on the last day. There were 25 participants, eight more than last fall.

Swim Lessons

- Red Cross Levels 1 – 6 The fall session concluded at the end of September. Lessons ran on Monday, Tuesday and Thursdays for two weeks at the Northfield Middle School. Numbers are down significantly from last fall.

- AmericInn Lessons Water Babies/Aqua Tots and Starfish lessons are currently running at the AmericInn and are full. There are twenty-five participants enrolled. Lessons are held at the AmericInn on Monday evenings for eight weeks.

Skating School – The program is currently being run at the Northfield Ice Arena on Sunday mornings. There are forty-eight youth & adults enrolled, the exact number as the last two fall sessions.

Other fall youth recreation programs currently in session:

New girl's basketball tune-up program, Olympic Wt. Lifting Club, Horseback riding, martial arts, Girls on the Run, Tumbling for Dancers, bowling, trap team, birthday parties

ADULT

Adult Basketball League - The league will begin on Sunday October 27 and will continue into March on Sunday evenings at Northfield High School.

Other fall adult recreation programs currently in session:

Martial arts, Ring the Bell, Cardio Drumming, Dance Aerobics, fitness classes at Heartwork Yoga Studio, and basketball, volleyball, and pickleball open gym

Winter/Spring Brochure – The design and entering classes for our winter/spring brochure has begun. The brochure will be mailed to all households in the Northfield School District beginning December 6 and contains classes offered January through early May.