## **Age Friendly Northfield Progress Report - February 2019**

## **Livable Communities for ages eight to eighty!**

#### City adopts AARP/WHO Livable Communities Initiative – August 2016

- What is an Age-Friendly City? In an age-friendly community, policies, services and structures related to the physical and social environment are designed to support and enable older people to "age actively" – that is, to live in security, enjoy good health and continue to participate fully in society. --World Health Organization
- Eight Domains of Livability:
  - Housing
  - Health & Wellness
  - Transportation
  - Outdoor Spaces and Buildings
  - Community Information
  - Social Participation
  - Job Opportunities
  - Volunteer and Civic Engagement

## **Community Survey** – August/September 2017

- o Ages 50+
- o Mailed to 1,000; available online
- o 460+ respondents
- o Covered 8 domains
- o Findings report created
  - Community Information (#1)
  - Housing
  - Outdoor Spaces and Buildings
  - Health and Wellness

#### **Fund raising** - efforts to Stake Holders:

- o Northfield Retirement Community \$1,000. (Received)
- o FiftyNorth \$1,000. (Received)
- o Three Links \$1,000. (received)
- City of Northfield \$5,000. (Received partial)
- o Northfield Hospital and Clinics 2,000. (Not yet received)

#### **Listening Sessions** – Mid 2018

o Structured discussions with professionals in each domain

- Responded to survey findings
- o Dynamic feedback

#### Ongoing City Engagement

- o Ongoing participation of City Staff in Steering committee
- o Presentation to City Staff by Lydia Morken
- o Alignment with City Strategic Plan

#### Creation of 3-Year Action Plan 2020 - 2022

- Lydia Morken was contracted to write the 3-year action plan. Draft plan available today.
- o Communication with AARP National to present draft action plan with great feedback that we are on the right path.

### **Creating Domain Action Plans**

O As part of the Action Plan each domain has an individual action plan. See Community Information template as part of Action Plan Draft.

**Grant application to Northfield Shares** – \$25,000. (Received \$5,000.)

# Where we are today

- o Complete the remaining domain action plans
- o Identifying Domaine Teams There are so many great efforts going on in Northfield. One of our next challenges is to identify the people doing good work, set up meetings to introduce AFN and create a working model with them.
- o Fundraising

### Implementation and evaluation

o Continuous cycle of assessment and reimplementation.