

Recreation Programming Report – November 2018
Submitted by: Melissa Bernhard

Northfield Skating School – Classes will conclude at the ice arena on Sunday, November 18.

Boys & Girls Bowling - This program is for grades K – 12 and begins on November 29 & 30. Classes run on Thursdays and Fridays at Jesse James Lanes.

Northfield Ski & Snowboard Club – Northfield Community Services is taking registrations for the 2018-2019 Ski & Snowboard Club season. Ski & Snowboard club is for middle school and high school students and meets 8 Mondays throughout the winter. Students leave directly after school on a bus, travel to Welch Village for the evening and are dropped back at their respective schools. Northfield chaperones are present on the hills and in the chalet areas. The program is scheduled to begin on Monday, December 10. A ski lesson is available for those new to the activity. Rentals are available as well. For more details or to register, go to www.northfieldschools.org and follow the Community Services link. You may also call the registration desk at [507-664-3649](tel:507-664-3649). A registration packet and information may be obtained at the offices at the middle school, high school and Community Services offices.

Adult Co-Rec Kittenball – The kittenball season concluded on Wednesday, October 24. The championship game went to Welch Plumbing. Georges Vineyard was the regular season's league champion, while Welch Plumbing came in second. There were six teams that participated in the league this fall. Thank you to city staff for maintaining Babcock for the league!

Adult Basketball League – The league is up and running with nine teams this season, the highest number of teams participating in a long time! Games are held on Sunday evenings at Northfield High School.

Ring the Bell – This program, held at Northfield High School on Monday, Wednesday, Thursday and Friday mornings, has grown from just under twenty participants to sixty-five in three months! It is very encouraging to see the number people willing to sacrifice sleeping in for a 5 am workout! A fifth day has been added to the schedule for the winter session beginning December 17th. Class cost for all five days is \$90 for eight weeks (\$45/month).

Adult Broomball – Dale Gehring will help to lead the league for the 2019 season. Games are scheduled to be played on Thursday evenings, beginning January 3, at the Babcock Park rink.

Jingle Jam – An event for raising money for the Community Services scholarship fund. The event includes pictures with Santa, a bounce house, face painting, an apple cider & cookie bar, games, crafts, holiday bingo and more! Jingle Jam takes place at the Northfield Community Resource Center on Thursday, December 13 from 5 – 7:00 pm. Targeted at ages birth to 3rd grade (older siblings welcome). Cost is \$3/person.

MRPA Conference – I attended the Minnesota Recreation and Parks annual conference in October.

My favorite take-a-ways were the following:

- BOGA Boards
- Bonfire, Build, Bows & Bait Event
- Rec on the Go
- Curling
- Sports Tourism
- Park pop-ups
- Alternative ways of communicating with staff through apps
- Roo Yori (American Ninja Warrior Competitor) – Overcoming obstacles through adventure programming and compassion + Landscape Structures Ninja Warrior courses for parks

Nature Play – Breaking Down Barriers Workshop – I attended the Breaking Down Barriers Workshop in Brooklyn Park where a focus on the benefits of nature-based play were highlighted. Discussion around recreation immunity and discretionary immunity were discussed, and communities with nature-based play in their park/s talked about how those opportunities evolved from start to finish.