

Recreation Programming Report – January 2018

Submitted by: Melissa Bernhard

January Programming

Youth/Teen Only

Snowmobile Safety (age 12 - 18), Monday Jan. 8 & Sat. Jan. 13, Bridgewater Elementary

Raider Yoga (grades 7 - 12), ten Wednesdays, 8 - 9 pm beginning Jan. 3 & Ap. 4, Northfield High School aux. gym

Birthday Parties (all ages), Saturdays, 8 am - 2:30 options, beginning Jan. 6, Northfield Middle School (contact Community Services directly)

Elementary Tennis (girls and boys grades 2 - 5), five Tuesday's 3:30 - 4:30 beginning Jan. 9 @ Greenvale Park Elementary

Girls Basketball (grades K - 5), eight Saturday mornings beginning Jan.20, Bridgewater Elementary (boys starts in Feb.)

Skating School (ages 4 +), seven Sunday morning/afternoons beginning Jan. 21, Northfield Ice Arena

Ski Day Trip (grades 5 & 6), Fri. Jan. 26, 7:45 am - 4 pm, Welch Village (no school)

Youth & Adult

Taekwondo (grades 2 - adult), Tuesday & Thursday evenings beginning Jan. 2, Feb. 20 & Ap. 17, Sibley Elementary cafeteria

Gumdo (ages 12 - adult), Tuesday & Thursday evenings beginning Jan. 2, Feb. 20 & Ap. 17, Sibley Elementary cafeteria

Olympic Weightlifting Club (grades 7 - college), M, W, F, various evening times beginning Jan. 3 & Ap. 4, Northfield High School weight room

Karate, Monday & Wednesday evenings + Sat. option beginning Jan. 3, Longfellow School & Carleton College

Self Defense (ages 16 - adult), five Saturdays, 10 - 11:15 am beginning Jan. 13, Northfield High School wrestling room

Dodgeball Open Gym (grade 9 - adult), Mondays 8 - 10 pm beginning Jan.15, Longfellow School

Adult Only

Volleyball Open Gym, Tuesdays, 8 - 10 pm Jan 2 - Feb 27, 6:30 - 9 pm Mar.6 - May 29, Bridgewater Elementary

Pickleball Open Gym, Tuesdays, 8 - 10 pm Jan 2 - Feb 27, 6:30 - 9 pm Mar.6 - May 29, Bridgewater Elementary

Pickleball, Wednesdays, 7 - 9 pm beginning Jan. 3, Northfield High School

Golden Lynx Women's Pick-up Basketball, Wednesdays, 7 - 9 pm beginning Jan. 3, Northfield High School

Open Gym Basketball, Wednesdays, 6:30 - 9 pm beginning Jan. 3, Northfield Middle School

Kyudo, Wednesdays, 7 - 9 pm beginning Jan. 17, Bridgewater Elementary

Naginata, Sundays, 6 - 7:30 pm, a variety of dates beginning Jan. 21, Bridgewater Elementary
A variety of yoga offerings through Heartwork Studio, Prema Studio & Kristen Felegy
A variety of equine classes through Apple Treat Stables

Register at Community Services (1651 Jefferson Parkway), online at www.northfieldschools.org or
by calling the office at 507-664-3649.