



## RICE COUNTY

320 Third Street N.W.  
Faribault, MN 55021

### Rice County Bike Month Events and Activities

#### May 1 – National Bike Month Begins

- River Bend Nature Center, 1000 Rustad Road, Faribault, MN 55021 – For more information contact Breanna Wheeler at [wheeler@rbnc.org](mailto:wheeler@rbnc.org) or 507-332-7151
  - Bike Challenge for the month of May
    - Pick up a map, and bike all 10 miles of the River Bend trail system in the month of May. Finishing riders should stop by the nature center and report to the naturalists the highlights they saw along the trails for a reward (bike rental and equipment available).

#### May 2

- Northfield Pedalers, 1651 Jefferson Pkwy, Northfield, MN 55057 (Supported by the [Northfield Senior Center](#) - 8:30 a.m.) - For more information contact Mary Auge, 612-483-5122, or [bmauge@charter.net](mailto:bmauge@charter.net)
  - Sakatah Trail– Dairy Queen on Hwy 60 to Morristown (20 miles) or Waterville (30 miles round trip)
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Men's Road Rides – 6:00pm
- Lonsdale Elementary, 1000 Idaho St SW, Lonsdale, MN 55046
  - Bike safety sessions with Lonsdale Police Department

#### May 3

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Bike Rides – Leave from West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:00am

#### May 4 – National Bike to School Day

- Lonsdale Elementary, 1000 Idaho St SW, Lonsdale, MN 55046
  - MnDot Bike to School Day Poster Contest
  - Bike/Walk train to school with drop off/pick-up area at Jaycee Park
  - Bike rodeo in gym class
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Men's Road Rides – 6:00pm

#### May 6

- Carleton College, 1 North College Street, Northfield, MN 55057 – For more information contact Emma Vinella-Brusher at [vinellae@carleton.edu](mailto:vinellae@carleton.edu)
  - Bike Carnival – 11am-1pm on the Bald Spot (Novice – Expert level riders)
    - Check out cool bike gear and different types of bikes
    - Bike maintenance tips and tune-ups
    - Bike commuter guidance

#### May 7

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950

- Breakfast at Bernie's Grill, 129 Central Ave N, Faribault, MN 55021– 7:00am
- “Road Riders” (fastest and furthest group) leave Bernie's Grill, 129 Central Ave N, Faribault, MN 55021 lower parking lot at 9:15
- “Trail Riders” (ride 10-12 mph to Morristown) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 parking lot at 9:15
- “Relaxed Riders” (ride 5-7 mph to Warsaw) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 parking lot at 9:15

May 9

- Northfield Pedalers, 1651 Jefferson Pkwy, Northfield, MN 55057 (Supported by the [Northfield Senior Center](#) - 8:30 a.m.) For more information contact Mary Auge, 612-483-5122, or [bmauge@charter.net](mailto:bmauge@charter.net)
  - Douglas Trail (Pine Island to Rochester)
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Men's Road Rides – 6:00pm

May 10

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Bike Ride – Leave from West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:00am to Waterville for brunch

May 11

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Road Rides – 6:00pm

May 14

- BikeNorthfield
  - Bike Maintenance Workshop at Babcock Park, Northfield, MN 55057 from 10-12:30 (Carleton Recreation Center, 1 North College Street, Northfield, MN 55057 if inclement weather) sign up via community education or contact Melissa Bernhard at [mbernhard@northfieldschools.org](mailto:mbernhard@northfieldschools.org)
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Breakfast at Bernie's Grill, 129 Central Ave N, Faribault, MN 55021 -7:00 a.m.
  - “Road Riders” (fastest and furthest group) leave Bernie's Grill, 129 Central Ave N, Faribault, MN 55021 lower parking lot at 8:15
  - “Trail Riders” (ride 10-12 mph to Morristown) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 parking lot at 8:15
  - “Relaxed Riders” (ride 5-7 mph to Warsaw) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:15

May 16 – **National Bike to Work Week Kickoff**

- The Coffee Shop & Chocolate Haven, 313 Central Ave N, Faribault, MN 55021 - Kickoff to Bike to Work Week (Free small coffee w/ purchase of baked good and 20% off a bike tune up at Mill Town Cycle when you ride to the Coffee Shop)
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Men's Road Rides – 6:00pm

May 16–20 – **National Bike to Work Week**

- Workplace Wellness Bike Bingo – For more information contact Josh Ramaker at [jramaker@co.rice.mn.us](mailto:jramaker@co.rice.mn.us) or 507-332-5911
  - Rice County
  - KGP Companies
  - Community Resource Bank
  - Northfield Community Resource Center

- Northfield YMCA
- Carleton College, 1 North College Street, Northfield, MN 55057 Bike to Work Week – For more information contact Emma Vinilla-Brusher at [vinellae@carleton.edu](mailto:vinellae@carleton.edu)
  - Faculty and Staff log miles and trips
    - Recognition and Raffle Prizes

May 17

- Faribault Flyers – For more information contact <mailto:Fboflyers@gmail.com> or call Mark Thacher at 612-716-8950
  - Bike Rides – Leave from West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:00am

May 18

- Older, Wiser, Livelier Seniors (OWLS) – For more information contact River Bend Nature Center, 1000 Rustad Road, Faribault, MN 55021 at [www.rbnc.org](http://www.rbnc.org) or call 507-332-7151
  - Ride at River Bend Nature Center, 1000 Rustad Road, Faribault, MN 55021
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Road Rides – 6:00pm - Hamburger Night in Morristown after Bike Ride
- Northfield Pedalers, 1651 Jefferson Pkwy, Northfield, MN 55057 (Supported by the [Northfield Senior Center](#)) For more information contact Mary Auge, 612-483-5122, or [bmauge@charter.net](mailto:bmauge@charter.net)
  - Root River Trail, Lanesboro (May 18-20)

May 19

- Northfield Pedalers, 1651 Jefferson Pkwy, Northfield, MN 55057 (Supported by the [Northfield Senior Center](#)) For more information contact Mary Auge, 612-483-5122, or [bmauge@charter.net](mailto:bmauge@charter.net)
  - Root River Trail, Lanesboro (May 18-20)

May 20 – **National Bike to Work Day**

- F-Town Brewery, 22 4th St NE, Faribault, MN – Bike to Happy Hour 3-6PM (Offering \$1 OFF each beer plus F-Town will donate \$1 for each beer sold to Cannon River Off-road Cycling & Trails (CROCT))
- Bike to Buckham Memorial Library Day, 11 Division St E, Faribault, MN 55021 - (Anyone who rides their bike to the library will get a prize)
- Greenvale Park Community School/BikeNorthfield/Carleton College Bike to Work/School Day
  - Gathering at Bridge Square, Northfield, MN 55057 and satellite Bike to School gatherings for Greenvale Park Community School, 700 Lincoln Pkwy, Northfield, MN 55057 students and parents at Way Park, Northfield, MN 55057 and Dresden Park, Northfield, MN 55057
    - Baked goods, granola bars, fruit, and beverages will be available
- Northfield Pedalers, 1651 Jefferson Pkwy, Northfield, MN 55057 (Supported by the [Northfield Senior Center](#)) For more information contact Mary Auge, 612-483-5122, or [bmauge@charter.net](mailto:bmauge@charter.net)
  - Root River Trail, Lanesboro (May 18-20)

May 21

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Breakfast at Bernie’s Grill, 129 Central Ave N, Faribault, MN 55021 -7:00 a.m.
  - “Road Riders” (fastest and furthest group) leave Bernie’s Grill, 129 Central Ave N, Faribault, MN 55021 lower parking lot at 8:15
  - “Trail Riders” (ride 10-12 mph to Morristown) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 parking lot at 8:15
  - “Relaxed Riders” (ride 5-7 mph to Warsaw) leave West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:15

May 23

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Road Rides – 6:00pm

May 24

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Bike Rides – Leave from West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:00am

May 25

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Men’s Road Rides – 6:00pm

May 27

- A Child’s Delight Too, 200 Western Ave, Faribault, MN 55021
  - Bring your bike and helmet to child care day

May 28

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Breakfast at Bernie’s Grill, 129 Central Ave N, Faribault, MN 55021 -7:00 a.m.
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May 30

- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Road Rides – 6:00pm
  - Memorial Day Holiday Bike/Canoe – 2:00-4:00pm

May 31

- Rice County Celebration of National Bike Month at Bernie’s Grill, 129 Central Ave N, Faribault, MN 55021 – 7:00am
- Faribault Flyers – For more information contact [Fboflyers@gmail.com](mailto:Fboflyers@gmail.com) or call Mark Thacher at 612-716-8950
  - Bike Rides – Leave from West Dairy Queen, 4050 MN-60, Faribault, MN 55021 at 8:00am

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CONTACTS:

Josh Ramaker, Rice County SHIP (Statewide Health Improvement Program) Coordinator (507) 332-5911  
 Deb Purfeerst, Rice County Public Health Director (507) 332-5914