

The background is a colorful illustration of a town scene. In the foreground, there's a paved walkway with a black metal railing. Several people are walking along it: a man in a purple shirt and blue pants, a child in a green shirt and blue pants, and a man in a blue shirt and brown pants. To the right, a child in a red shirt and blue pants is walking, and a person is sitting on a bench. There are some red suitcases on the ground. In the middle ground, there's a stone bridge with a black metal railing. Behind the bridge, there are several buildings. On the left, there's a yellow building with multiple windows. In the center, there's a red brick building. To the right, there's a white building with a yellow dome on its roof. There are also some trees and flower baskets hanging from the railing. The sky is a mix of blue and pink, suggesting a sunset or sunrise.

Age-Friendly NORTHFIELD

Mid-Year Report to the City of Northfield



MISSION of Age-Friendly Northfield

WE ARE ... a community that values a high quality of life for all of its residents.

WE HEARD ... what community qualities are important to the citizens aged 50 and older and what more is needed.

WE ENVISION ... a community that promotes independence and a high quality of life for citizens as they age.

WE WILL ... work with the community to implement the changes that will assure livability of Northfield for today's and tomorrow's older adults.

SUPPORTING The Remember Project

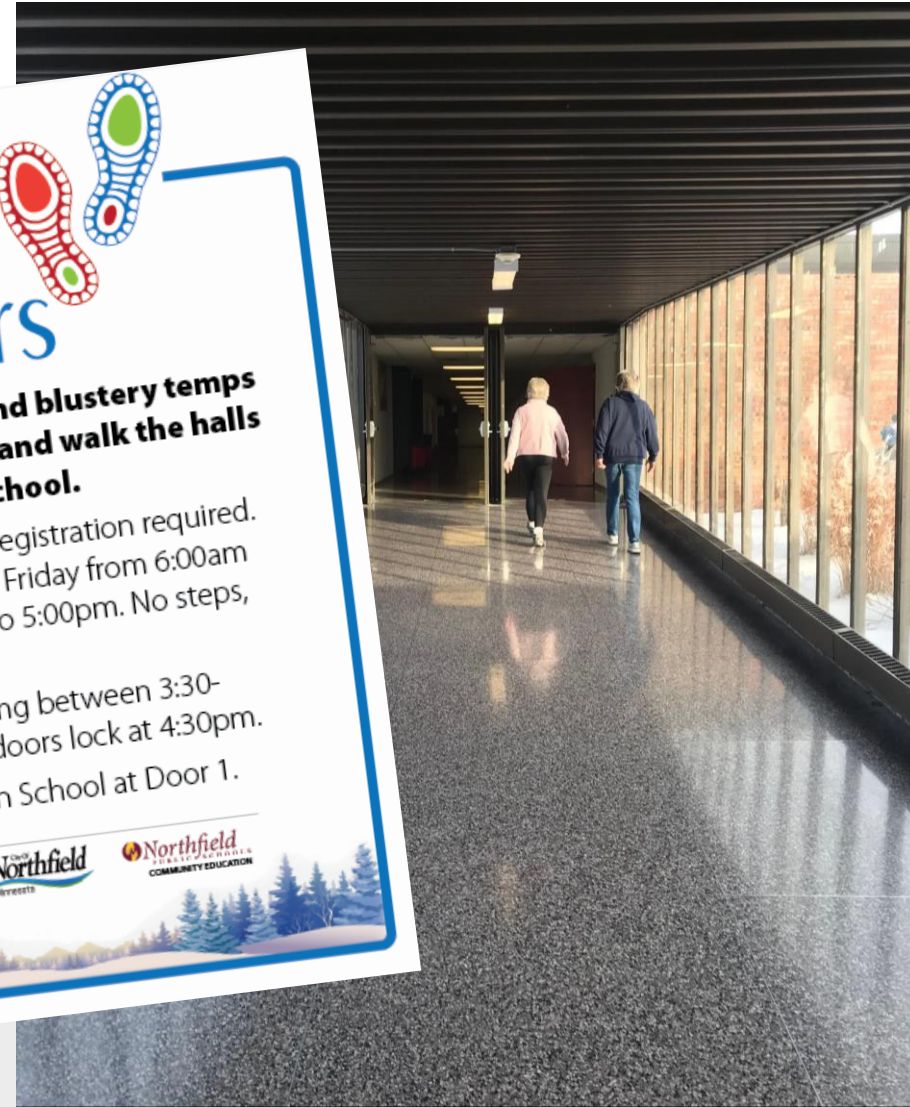
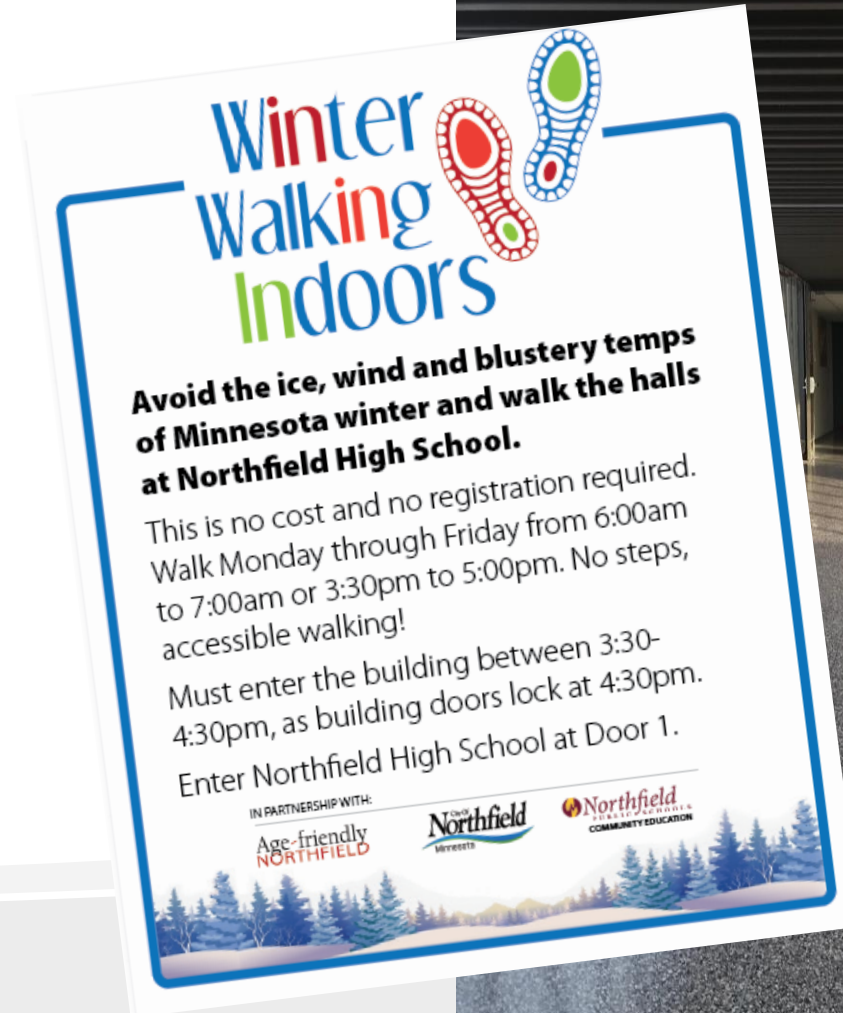
The Remember Project is a Minneapolis-based theatre initiative that uses the arts to reduce the stigma surrounding dementia and memory loss.

Age-Friendly Northfield sponsored two sessions with The Remember Project for the Northfield community.



SUPPORTING Walking at the High School

Walking at the High School continues to be popular as friends walk and visit, families walk with older family members, and residents use the space to complete physical therapy plans.



SUPPORTING Sunday Pickleball

Free Pickleball was held at both Bridgewater Elementary and Northfield High School. A total of 664 people participated during the 2024-2025 school year. People of all ages, including families, stop in to take part in the free program.



SUPPORTING Rock Steady Boxing

Since beginning our Rock Steady Boxing program in February, we have had strong and consistent participation. Our group has connected socially and emotionally. All have gotten and continued to get stronger.



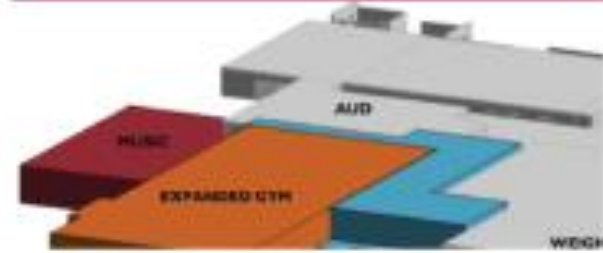
SUPPORTING Third Thursday

Age-friendly Northfield encourages the free opportunity for community members of all ages to socialize in a welcoming and intergenerational environment. AFN purchased corn-hole games and sponsored bands that inspire kicking up your heels and dancing.



SUPPORTING Buildings & Outdoor Spaces

- AFN is part of the core planning team for the expanded High School gymnasium.
- AFN supported our local radio station by contributing to SAVE OUR TOWER. A significant portion of KYMN's audience is our area's older adults.
- AFN met with the Parks Advisory Board to share feedback on the Shechler, Riverside and Dresden Hills Parks redevelopment.
- AFN met with the Architects designing the riverfront redevelopment and the new Northfield Depot to address the ease of mobility and accessibility.



SUPPORTING Current & New Transportation

Over the past year the Age-Friendly Northfield (AFN) Transportation Team has actively engaged the Northfield community to explore the benefits of Lyft as a transportation option.

The Transportation Team has representation from the following organizations:

Carleton College, Family Services of Rochester, Rice County Public Health, Community Resident, St. Olaf College, SE MN Area Agency on Aging, Three Rivers Community Action Agency, Vivie (Northfield Retirement Community)

Creating an Age-Friendly Northfield



Let's Talk about Transportation for all in Northfield

Join A Community Conversation

- ▶ Learn about riders' needs in the Northfield Community.
- ▶ Hear how the gaps affect our neighbors and the community as a whole.
- ▶ Learn how Lyft is a tool towards a solution to meet our needs.
- ▶ Learn how you can be a part of the solution.

Open to the Public

Learn how we can Bring Lyft to Northfield



THURSDAY
Nov 14th
3:00p - 4:30p

Meet In Person

Healthy Community Initiative
1651 Jefferson Parkway (CAC Building)
Community Education Room —2nd Floor

Join Zoom Meeting
<https://us02web.zoom.us/j/86101299083?pwd=uVYNrV22a9TEMtirPxLFqh5Z8hmZ00.1>
Meeting ID: 861 0129 9083
Passcode: 162587

Age-friendly NORTHFIELD

www.agefriendlynorthfield.com

City of Northfield Minnesota

AFN 2025 Board

Brad Ness - Northfield City Council

Carla Johnson - FiftyNorth

CC Linstroth - Friends of Downtown Northfield, SEMAAA,
(Vice-chair)

Chris Johnson - SEMAAA

David Delong - Community Member

Galen Malecha - Rice County Commissioner (Chair)

Mike Thorsteinson - Community Member

Randi Callahan - Three Rivers Community Action

Risi Karim - City of Northfield

Sarah Kuball - Three Rivers Community Action

Tom Hayden - Family Services Rochester



Supports AARP Age-friendly policies: 8 domains of livability



1. Outdoor Spaces & Buildings

- ✓ Safe, accessible, welcoming parks & civic spaces
- ✓ Visit-ability in all projects
- ✓ Support accessibility retrofits in rehabilitation projects

2. Transportation

- ✓ All Ages & Abilities approach to streets
 - ✓ Slow traffic, improve safe crossings, fill gaps in sidewalks etc.
- ✓ Improving transit options
- ✓ Taming Highways 3 and 19

3. Housing

- ✓ Address the gaps in the local housing supply to ensure a sufficient mix of housing suitable for all ages/incomes/life stages

Age-Friendly policies (con't)



4. Social Participation and 5. Respect & Social Inclusion

- ✓ Address loneliness
- ✓ Expand opportunities for social inclusion for all ages
- ✓ Recognizes & responds to changing demographics
- ✓ Supports intergenerational housing and gathering spaces

6. Work & Civic Engagement

- ✓ Supports strengthening connections between youth and adults on boards and commissions
- ✓ Support economic opportunity for all, including older adults