



## **Recreation Report** September 2024

River Bend Nature Center: We partnered with RBNC to offer archery, orienteering, geocaching, and canoeing/kayaking this summer. A total of 52 people participated in those activities.



Hometown Hoedown: This event for all ages, held at Dakota Stables, offered a great family equine experience, including horseback rides, wagon rides, a curry/grooming station, lassoing, a round bale role competition, a hay bale toss competition, a dizzy bat race, a shoe kick, and a potato sack race. The event also included a sawdust hunt, and horseshoe hunt.



City Park Adventure Race: Twelve families participated in the racing this summer. Races begin at the time of registration, and end at the final park when participants send an email with answers to their final challenge. Clues took participants to ten different Northfield Parks on a quest to solve puzzles and/or orienteer to locations within the parks.



Raider Fitness: This program is in full swing, and has twenty-eight participants enrolled in the fall session. Many report the program to be a lifeline for them, and truly enjoy the affordable opportunity to invest in their health.



Nightcrawler's Master's Swim Program: The Nightcrawler's hit the lap lanes at the Northfield Middle School three times a week, under the direction of Kevin O'Brien. There are 24 enrolled, which is the most we've seen since the program began over a year ago.

## Upcoming Programs

## September Programs

- Intro & Chow Qigong
- Karate
- Flag FB & Mini Raider FB
- Golf Squad
- Gumdo
- Champion Force Cheer
- Cardio Drumming
- Horseback Riding
- Track Sampler

- Kyudo
- Slow-Flow Yoga
- Bowling
- Boxing
- YEL Soccer
- Fencing
- Tennis
- Taekwondo
- Tai Chi

## **Upcoming October Programs**

Skating School, Swim Lessons, Holiday Horse Camp, CPR/AED, Flag Football Camp, Equestrian Club

Helping to coordinate the Minnesota Recreation and Parks Conference in Mankato (September)

Attending the Minnesota Community Education Conference in Duluth (October)

Register: northfieldschools.org, 507.664.3649, 700 Lincoln Parkway

